

Guide Me Jo'h (?Joe?)

Music:

Overall Impression:

Exuberance and organized chaos, with the opportunity for each person to show off gives this dance its particular flair. Making it look chaotic and cohesive is the difficult part.

Stepping:

Basic border step with a running step (power step) used as the music demands in the middle of figures during the 'chunk – chunk - chunk'. Knees brought up so parallel with the floor, arms when not occupied bent at a 90 degree angle swinging from the shoulder. When going into a figure, and ½ through the figure, everyone shouts “Hay” directly after the musical 'chunk – chunk - chunk'. This is done throughout the dance.

Sequence:

Three hits, shout “HAY”

Rounds, power step and Back

-Chorus

Lead Thru

-Chorus

Hey (for five)

-Chorus (end in, sticks down and still, pause then erupt.)

Figures:

Home Positions:

Music

J
1 2
3 4

Rounds:

All five dancers Shout “HAY” back up to create a large circle and circle clockwise (as seen from above). At the 'chunk - chunk - chunk'-shout “HAY” in the music take a turn single around your outside shoulder (left) return to the circle facing the opposite direction and circle counter clockwise back to home. End with three hits on the floor in the middle of the set to coincide with the musical 'chunk - chunk - chunk'.

Chorus:

There are six phases to the chorus. Each two beats long.

Dancers start in home position:

J
1 \ 2
3 \ 4

1st Phase

J crosses thru the center of the set to below 4, while the other dancers knap along the set with their neighbors (1 & 3, and 2 & 4) for two beats. At the end of the two knaps 2 turns over their right shoulder and takes up J's old place at the top of the set while 4 turns over their right shoulder and moves into 2's position and J takes the place vacated by 4. Now 4 & J are a pair, and 1 & 3 stay as a pair.

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      2
1   /   4
3   /   J
```

2nd Phase

Is the mirror of Phase 1 but with people starting in new positions. 2 crosses thru the center of the set to below 3 while 4 & J knap twice and 1 & 3 continue to knap for two more beats. Then 1 moves to the top center position in the set, 3 turns and moves to 1's old position and 2 takes the place vacated by 3.

```
      1
3   \   4
2   \   J
```

3rd Phase

Is the same as the first phase with people rotated thru their positions. 1 will cross thru and replace J, J will replace 4, and 4 will be left out at the top of the set.

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      4
3   /   J
2   /   1
```

4th Phase

Is the same as the second phase with people rotated thru their positions. 4 will cross thru to replace 2, 3 will be pushed out to the top of the set.

```
      3
2   \   J
4   \   1
```

5th Phase

Same again as the first. 3 will cross thru the set to replace 1, 1 will replace J, and J will be pushed out the top of the set to his home position. Everybody else (1,2,3,4) will be on the opposite side of the set as they started from.

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      J
2     1
```

4 3

End the chorus with three hits on the floor facing the middle of the set to coincide with the musical 'chunk – chunk – chunk' shout “HAY”.

Lead Thru:

As the previous musical phase is ending with 'chunk – chunk - chunk'-'Hay’, Jay cross down thru the set and should be just at the bottom of the sey by the “Hay” shout. 2 & 1 turn to face down the set moving in shoulder to shoulder and take hold each other by the waist with their inside arms. 4 & 3 do likewise. All four follow J for ??? 10 beats?????. At the start of the 'chunk – chunk – chunk'-'HAY” in the music both pairs drop inside arms and turn single over their outside shoulder using a running step while J passes thru the set heading back up. 2 & 1 and 4 & 3 return to shoulder to shoulder positions this time facing up, again following J back to where they started the figure. End with a three hits in the middle of the set to coincide with the musical 'chunk – chunk – chunk.'

Chorus:

Same as before, but with different starting positions, J still goes to the same PERSON they started with last time, but this person is in a new starting position:

 J
2 / 1
4 / 3

1st Phase

J crosses thru the center of the set to below 4, while the other dancers knap along the set with their neighbors (1 & 3, and 2 & 4) for two beats. At the end of the two knaps 2 turns over their right shoulder and takes up J's old place at the top of the set while 4 turns over their right shoulder and moves into 2's position and J takes the place vacated by 4. Now 4 & J are a pair, and 1 & 3 stay as a pair. The chorus works exactly as before...

Hey (for five):

At the end of the second chorus the dancers will be back in their home positions.

 J
1 2
3 4

J steps in line with 1 and 2. All three (1, J, 2) face down towards 3 and 4. (1 and 2 may have to cheat away from each other slightly.)

1 J 2
3 4

3 and 4 will face up moving into a line with the others.

1 3 J 4 2

All dancers turn over their right shoulder and begin a hey for five. 1 will have to turn around a ghost at the end during the first turn. ½ through the hey we again do a running step and shout “HAY” to coincide with the music, and then continue the hey to home... The Joe will have to exit the hey a little early to allow everyone to get to their home place in time.

Final Chorus:

Just like the first chorus except after the final 'chunk – chunk – chunk' hold still in down position for a beat before running off whooping and hollering.

Recommended Videos:

http://www.youtube.com/watch?v=fNrWMDx0_m8