

# Molly #3 (Tide Flows In)

**Music:** Tide Flows In, Red Baron.

**Set:**

5 3 1  
6 4 2 Music

**Figures:**

Horseshoes

Top two dancers only.

First half - Head up the set, curve across, passing right shoulders, go down the outside of the set, turn in and go up the inside of the set, back into partner's starting position.

Second half – Cross the set passing left shoulders, go down the outside of the set, turn in and go up the inside of the set, cast out and return to starting position.

Hey

Everyone moves. The Hey is the same each time, but people will be in different positions.

2 steps in place, turn on second as needed. Tops face across, middles face down, bottoms face up. Surge-pause, turn on the pause as needed. Alternate right shoulder, left shoulder until you get home (2 steps at home at the end).

Orbitals

Top four dancers only.

Take partner's shoulders in hand. Using step-step-step-hop stepping (timing is same as a Morris double-step), 2 pairs turn to form a line on the diagonal.

5 4  
3  
2  
6 1

Each pair turns again, so the person who was on the outside is now on the inside (back to another person) and the line formed is 90 degrees from the first line.

5 3  
4  
1  
6 2

On the first step, the person on the outside moves to the center, then the one who was in the center moves to the outside to form the new line. On the hop straighten the arms. Continue turning. You will form the diagonal line 6 times. Turn one more time, but turn farther so you get back to your original side of the set. The pairs will have traded places.

5 1 3  
6 2 4

Horseshoes

Top four move

First half – Head up the set, curve across, the lines pass right shoulders (1 is following 3, 2 is following 4). Go down the outside of the set, turn in and go up the inside of the set, back into partner's starting position.

Second half – Cross the set passing left shoulders with partner, go down the outside of the set (now 3 is following 1, and 4 is following 2, ie. new middles following new tops), turn in and go up the inside of the set, middles cast out and return to starting point, then tops cast out and return to starting point.

Hey

Same as first Hey (people are in different positions).

Orbitals	Bottom four dancers, otherwise same as first Orbitals.
Horseshoes	All move. First half – Head up the set, curve across, the lines pass right shoulders (3 leading 5 leading 1, 4 leading 6 leading 2). Go down the outside of the set, turn in and go up the inside of the set, back into partner’s starting position. Second half – Cross the set passing left shoulders with partner, go down the outside of the set (now 1 leading 5 leading 3, and 2 leading 6 leading 4), turn in and go up the inside of the set. The bottom couple really has no where to go after they cross on the second half, so they end up just doing a small circle to let the others get through. Middles cast out and return to starting position. Tops cast out and return to starting position.
Hey	Same as first Hey (people are in different positions).
Orbitals	Top 4 dancers, otherwise same as first Orbitals. For the final turn, the bottom pair joins in. Finish arms in the air and shout “hey”.

### **Style questions:**

When standing still, keep hands at sides. For most of the movement, hands in fists, elbows at 90 degrees, move arm from the shoulder (“Rock’em Sock’em Robots”). Lift knees high, with simple step-hop steps (except for Orbitals).

On Orbitals, bend elbows and pull in close to partner during the three steps and turning, straighten elbows on the hop.

### **Tide Flows In**

One morning in the month of May,  
Down by a rolling river,  
A jolly sailor, I did stray,  
And I beheld some lover.  
So carelessly along did stray,  
A-picking of the daisies gay;  
And sweet she sang a roundelay,  
Just as the tide was a-flowing.

Tide flows in, tide flows out  
Twice every day returning  
Tide flows in, tide flows out  
Twice every day returning

I made a bow and said, “Fair maid,  
How come you here so early?  
My heart by you it is betrayed  
For I could love you dearly.  
I am a sailor home from sea,  
If you'll accept of my company  
To walk and view the fishes play,

Just as the tide is a-flowing?"

Tide flows in, tide flows out  
Twice every day returning  
Tide flows in, tide flows out  
Twice every day returning

No more we said, but on our way  
We ganged along together;  
The small birds sang and the lambs did play,  
And pleasant was the weather.  
When we were weary we both sat down  
Beneath a tree with the branches round;  
And what was done shall ne'er be found  
Just as the tide is a-flowing.

Tide flows in, tide flows out  
Twice every day returning  
Tide flows in, tide flows out  
Twice every day returning